



Kooth Live Forum Topic Calendar

April 2021

Kooth plc

Kooth Live Forums: April 2021

Live forums can be found in the discussion boards and go online at 7.30pm on the evening they are planned. They are moderated in real time until 9.00pm.

Monday 5th April – **Tackling Loneliness Together**

A year has passed since we learnt the phrase “social distancing”, we have seen the impact that loneliness can have on people’s wellbeing. We’ll be spending time looking at how we can tackle loneliness together to ensure we can support others both on and offline.

Friday 16th April – **Paw-sitive Powers of Pets**

In this Live Forum, we will be celebrating the positive power of our wonderful pets – whether it’s feline friends, canine pals or all things animal!! As its National Pet Month, we will be sharing how pets can help us and what animals, if give any option, we would love to have. This space will also explore the power of our pets in terms of the amazing job roles they can support us with and how, therapeutically, they can offer huge amounts of support. Everyone is so welcome to join us (even if you don’t have a pet!) as this is a place for general support and light-hearted animal chats!

Wednesday 21st April – **Our Planet: Celebrating Earth Day**

The news might look all doom and gloom for the planet, but Earth Day 2021 is a chance to look at the potential for positive change for the future of the world. Tonight we'll be looking over the successes of environmental campaigns, and looking towards further improvements for the health and wellbeing of everything on our earth.

Monday 26th April – **Looking After Our Communities**

With how long it's been since we could all see each other, community might not be something you've been thinking of or it could have been high in your priorities, but as restrictions start easing we want to talk about what community means for you. We'll talk about the positives and negatives of a community, ideas for getting involved, and how to reach out for support if you feel unsafe. Everyone is welcome and we look forward to hearing your thoughts and ideas!