

Flu Fighters on a...

# VACC-TASTIC VOYAGE



## GROWN UPS INFO

The **FREE** nasal spray is the best defence children have against flu.

Here are five great reasons why your child should join the Flu Fighters – and help defeat Chilly, Achy and Snotty and their fiendish friends...

- 1** The vaccine will help protect your child against flu and serious complications like bronchitis and pneumonia.
- 2** Vaccinating your child will help protect more vulnerable family members and your friends, too.
- 3** There's no nasty needles! The nasal spray is a quick squirt up the nose, nothing more – it's easy and painless.
- 4** It's better than having flu! The nasal spray helps protect against flu, has been given to millions of children worldwide and has an excellent safety record.
- 5** It can also save you money, because if your child gets flu, you might end up having to take time off work or arrange alternative childcare.

[www.schoolvaccination.uk](http://www.schoolvaccination.uk)

**Flu Fighters on a...**

# **VACC-TASTIC VOYAGE**

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and the Black Country and West Birmingham Clinical Commissioning Group  
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As regular as clockwork,  
the nights are getting long  
Leaves on the trees are  
turning brown, soon they  
will be gone.



That can mean only  
two things – that winter  
is getting near  
And the return of those  
yucky aliens we all fear!

Chilly, Achy and Snotty are  
packing up their stuff  
And preparing to invade  
Earth to make us feel rough.



Joined by Lord Fever,  
the terrible quartet  
Blast off into space after  
making this threat...





Children of Earth, if you miss your vaccine  
you won't be protected  
And by the time we go home,  
you will be horribly infected!  
We'll make you splutter and sneeze  
and feel really bad  
We'll make you shake and shiver  
and be very sad!

Luckily for us, the flu nurse is on her guard  
And, set for the battle ahead, is working hard,  
To create an army of heroic Flu Fighters  
Who will help to see off those slimy little blighters!





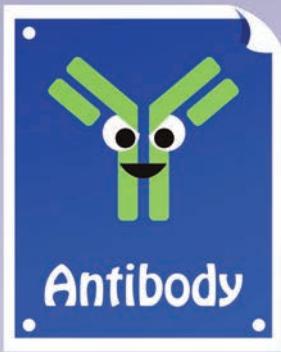
She calls to the children, "Quickly, gather round  
"Those frightful fiends are back, and they are in-bound!  
"Their mission is simple – to give you all the flu  
"But a quick squirt up the nose will stop them, it's true!"



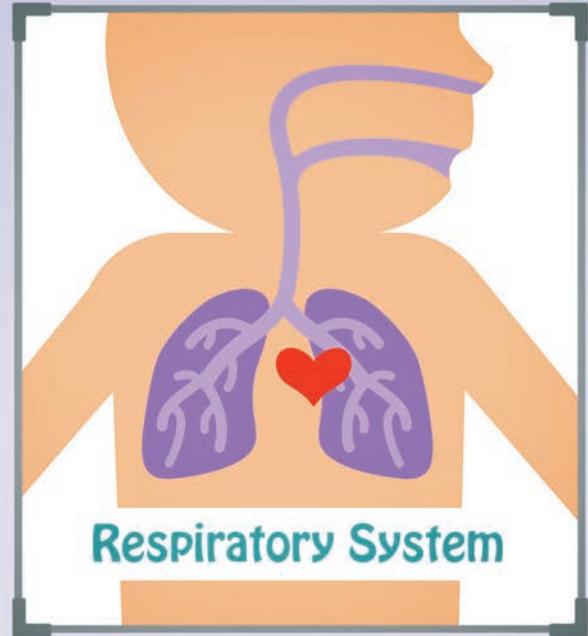
One by one the children are given their spray  
To protect them from the flu both night and day.  
Shields form around the kids through which nothing can squeeze  
Becoming a brave Flu Fighter is simply a breeze!



"Well done team, you're safe from what the virus might bring,  
"Now, do you want to see how the vaccine does its thing?  
"Are you set for the most awesome ride there has been,  
"Where you will spot things that no one else has ever seen?"



"Yes!" screamed the children, wondering what she was thinking  
Little did they realise they would soon be shrinking!  
"I'm going to take you on a journey you'll never forget  
"All aboard the FF1 and let's defeat the alien threat!"



Grabbing a marker pen and scrawling on her whiteboard  
The nurse shares a plan to see off the invading hoard.  
“We’re going on a trip through the respiratory system  
“And along the way I will share with you some of my wisdom!”



“Let me introduce my daughter Polly, she’s a willing volunteer  
“And don’t worry, I did ask her – let me make that totally clear!  
“We’ll go in through her nose and down the throat to a lung  
“And it’s there that we will be able to have some fun!”



“But how will we do that?” the children asked, “We’re far too big!”  
“That’s the cunning part!” laughs the nurse, doing a little jig.  
“We’re going on a vacc-tastic voyage; you won’t believe your eyes!”  
And using her ShrinkMaster 2000, they are zapped down to size.



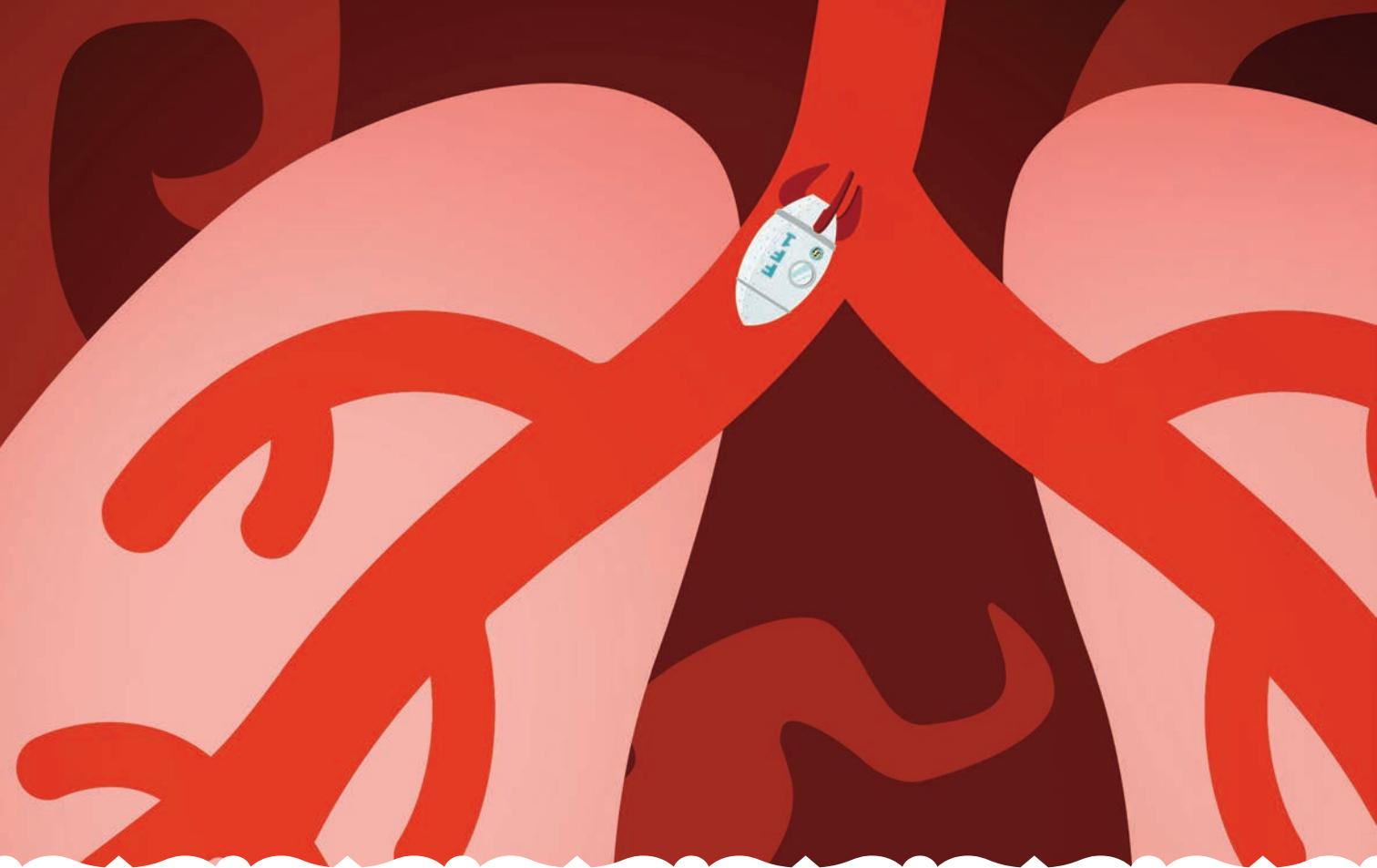
"Strap yourselves in, I'm taking you on a little ride.  
"And there will be nowhere for our enemies to hide!  
The FF1 blasts off; "Cross your fingers and your toes  
"Because we are going to go right up Polly's nose!"



Into her nostril our heroes' rocket ship flies,  
If you look closely, they're there, behind the eyes...  
"Hold tight gang, it'll feel like you are on a boat  
"Because next we are going down through Polly's throat!"



“We’re now going along what’s called the respiratory tract  
“The parts of the body that help you to breathe – that’s a fact.  
“Human beings are incredible things and our mission  
“Is to ensure we keep ourselves in tip-top condition!”



“Here we are team, we have arrived in the lung  
“Now we must sit tight until our work is done.”  
And they didn’t have too long to wait, as it would happen  
Would Chilly, Achy and Snotty catch our heroes nappin’?”



“They’ve come from the Planet Bogey, a cold and lonely place  
“Full of bugs and grubs and germs and worms, far away in space  
“On Earth they spread easily through coughs and sneezes  
“In much the same way as most diseases.



“This is where our clever little vaccine comes in  
“Creating antibodies that will help us win!  
“They lie in wait for an alien attack  
“And give your body all it needs to fight back!”



Lord Fever and his pals float into view  
And thinking they are safe, he whispers "pew!"  
He gives out high-fives and snarls "We've got through!"  
"Now all that's left is to give Polly the flu!"



But, sadly for the invaders, as soon will become clear  
The waiting Flu Fighters have a different idea...  
The nurse loads the antibodies into Torpedo Bay one  
Before turning to her crew and saying, "Right, let's have some fun!"



"Fire torpedoes!" cries the nurse and the missiles are away  
Carrying the antibodies that will help win the day!  
Their aim is right and their aim is true  
And it leaves the aliens feeling blue!



The antibodies erupt and swarm around their prey  
Protecting Polly by keeping the baddies at bay.  
The missiles have hit their targets slap-bang in the face  
And Lord Fever and co are blasted back into space!



"Right everyone," says the nurse with a shout  
"Our job is done so we better get out.  
"The antibodies will stay in case the aliens come back  
"And, if they dare return, they'll get another almighty smack!"



"On our vacc-tastic voyage you have seen for yourself  
"How easy it is for vaccines to protect your health.  
"The flu spray protects you and keeps germs at bay  
"A quick squirt up the nose has saved the day!"

## DID YOU KNOW?

Like most vaccines, the flu spray puts a friendly germ into your body to keep you from getting sick. This 'good' germ has been weakened to give your body a little taste of what it needs to fight off a bad germ – like Chilly, Achy or Snotty – in the future. It's like a practice run; your body doesn't know the difference between the friendly germ in the vaccine and the dangerous germs from the Planet Bogey. Isn't that clever!

## GROWN UPS INFO

The FREE flu nasal spray is offered in school to all primary aged children and secondary aged children in years 7–11. It is also available to all children aged two and three, and those with some long-term health conditions, through their GP. Children aged between two and 17 can have the flu vaccine via an injection if the nasal spray is not suitable for them.

The vaccine takes around three weeks to give people maximum protection, so make sure your children have theirs when it is offered at school. And, because the virus mutates every year, children should get vaccinated every 12 months.

For more information about the flu vaccine, visit [www.nhs.uk/child-flu](http://www.nhs.uk/child-flu).

Getting flu is horrible;  
it can cause:

- a fever
- a blocked nose
- sore throat
- aches
- tiredness.

In the most serious cases, it can  
cause bronchitis and pneumonia.

The **FREE** nasal spray is the best  
defence children have against flu.  
It's safe and painless too!

Get the vaccine  
and become a  
Flu Fighter like us!

[www.lets-get.com](http://www.lets-get.com)



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